

Charities supported by SPH for Annual Charity Cheque Presentation 2017

S/N	Organisation	Name of Programme	Chinese Name (if applicable)	Description
1	AMKFSC Community Services Ltd	COMNET Befriending Service	银康乐龄之友	COMNET Befriending Service was developed to supplement existing services in improving the lives of needy seniors through a combination of home visits, telephone befriending and structured activities. Volunteers, known as Carers, befriend and attend to the majority of seniors, while staff members tend to those with more complex needs.
2	Alzheimer's Disease Association	Alzheimer's Disease Association Specialised Caregiver Support Service (Dementia)	失智症协会 - 照护者援助服务	The programme seeks to raise awareness of dementia caregiving through public education and to support caregivers to persons with dementia. Various support services such as a dementia helpline, information and referral, caregiver counselling, support group sessions and caregiver training sessions are provided to help caregivers better care for their loved ones. Support group sessions are conducted in English, Mandarin and Malay to cater to the needs of different groups of caregivers.
3	HCA Hospice Care	HCA Hospice Care Specialised Caregiver Support Service (Palliative)	照护者援助服务 (晚期疗护)	The programme aims to support caregivers of persons with life-limiting illnesses and to raise awareness of palliative caregiving through public education. Support services such as a helpline, information and referral, support group sessions and caregiver training sessions have been developed to help caregivers better care for their loved ones.
4	O'Joy Care Services	Counselling for Older Persons Programme	海悦辅导中心 - 乐龄辅导服务	The programme provides confidential counselling services to anyone aged 50 and above, or any individual and caregivers who has issues with an older person. The service includes both individual and group counselling and are conducted in English, Mandarin and local dialects. This gives the older persons and their caregivers an avenue to voice their concerns and problems, thus improving their psychological and emotional well-being.
5	SAGE Counselling Centre	The Seniors Helpline	乐龄援助热线	The Seniors Helpline provides tele-counselling and information as well as referral services for older persons and their caregivers, or anyone who need help with caring for a senior. It aims to create an accessible avenue and listening ear for seniors and their caregivers who are facing distress, anxiety or loneliness and have personal issues, while maintaining confidentiality of their identity. The programme seeks to relieve the social isolation of seniors and increase access to eldercare and other services for older person and their caregivers.
6	AWWA Ltd	AWWA Senior Community Home	乐龄社区之家	The AWWA Senior Community Home provides ambulant seniors of 60 years old and above, who lack family/ social support, with basic residential care while allowing them to remain connected with the community. The Home engages the seniors in socio-recreational activities and therapeutic exercises which aide in maintaining their physical and social well-being.
7	Wicare Support Group	wiSHINE	-	WISHINE is a programme that aims to support senior widows, aged 50 years and above, who are assessed to have difficulty in coping with grief and/or have weak emotional support network. The programme seeks to help widows, who have difficulties coping with their grief and weak emotionally support, adjust successfully to widowhood. Through the programme, they are able to gain coping strategies to deal with their grief, strengthen their social support network and gain practical skills to better make decisions independently.
8	Tsao Foundation	Enhanced Counselling and Coaching Programme for Hua Mei Centre for Successful Ageing	华美中心辅导与咨商增进项目	The Hua Mei Centre for Successful Ageing (HMCSA) is a one-stop, primary healthcare provider. The centre deliver team-managed medical, social, and psycho-emotional care primarily to adults aged 50 years and above living in the community. They also offer support and guidance to their caregivers.  The programme helps mature adults in emotion management, inter-generational relationship-building and communication skills. The programme also support family caregivers of older persons, especially for them to engage in self-care and to minimise their stress. To practising social workers, counsellors and aged care professionals, they offer collaborative opportunities in fieldwork and research.
9	Viriya Family Service Centre	Whispering Hearts Family Service Centre	心意家庭服务中心	Whispering Hearts FSC is a community-based focal point of family resources, which anyone in need can turn to for social support. The FSC promotes and strengthens the social well-being of families and help them work towards self-reliance. Whispering Hearts FSC works in collaboration with other community agencies to holistically meet the needs of families.
10	Care Corner Singapore Ltd	Care Corner Family Service Centre (Toa Payoh)	关怀家庭服务中心 (大巴窰)	Care Corner FSC (Toa Payoh) provides information and referral services for social services. The centre provides casework services and groupwork programmes to individuals and families residing within our service boundary, in particular those who are from disadvantaged backgrounds. The centre also engage in community work where they network and outreach to different community stakeholders and residents, organising various parts of our community towards partnerships and mutual help.